

COUNSELLING AGENCIES

HAMILTON

Catholic Family Services (do not have to be Catholic)

905-527-3823

447 Main St. E.

Unit 201

Sliding Fee Scale

Multiple Programs

Also: Walk In Counselling Clinic every Tuesday 12:00-6:30

Walk In Credit Counselling Clinic

Every Wednesday 2:00-6:30

BURLINGTON

Access Counselling & Family Service

905-637-5256

460 Brant St.

Suite 200

Sliding Fee Scale

Includes PTSD

Individual, Couple, Family

GUELPH

GUELPH FAMILY COUNSELLING & SUPPORT

519-824-2431

1-800-307-7078

Sliding Fee Scale

Multiple Programs

Includes PTSD

Walk In Counselling Centre every Tuesday 1:00-7:00

CAMBRIDGE

Cambridge Family Counselling Centre

519-621-5090

Sliding Fee Scale

Multiple Programs

PTSD- Approved to offer counseling for Canadian Vets and members of the RCMP

Walk In Counselling Service

Thursday 1:00-7:00

NIAGARA

Family Counselling Centre- Niagara

905-937-7731

Sliding Fee Scale

5 Locations throughout area

Includes PTSD

BRANTFORD

Brantford Family Counselling Centre

519-753-4173

Sliding Fee Scale

Multiple Programs, Credit Counselling

Includes PTSD

****PRIVATE THERAPISTS**

Online Search- therapist.psychologytoday.com/Hamilton.ca

Gary Direnfeld M.S.W. R.S.W

905-628-4847

Dundas

Marital, family, parenting

Ellen Crump M.S.W. R.S.W

64 Hatt St.

Dundas

905-220-8028

Children, teens, individuals, families

Heidi Cowie Counselling Services

905-634-9291

Burlington

Locke Psychotherapy

385 King St. W.

Hamilton

905-525-0810

Individual, Family, Couple

Sex Therapist (and marriage, family therapist)

Paul Ricketts

905-648-0786

Hamilton

** As of September 26, 2012 counselling services provided by an RSW can be claimed as a medical expense tax deduction when you file your income tax return.

PSYCHOLOGISTS

Dr. Laura Thomson & Associates
1401 Plains Rd E.
Unit 1
Burlington
905-639-1199
Includes children, teens

Burlington Psychological & Counselling Services
2289 Fairview St.
Burlington
905-631-9991
Assessment and treatment services to children, teens, adults

Dr. Michelle Sala & Associates
1686 Main St. W.
Unit 4
Hamilton
www.drssala.ca
905-525-0259
Bilingual
Includes children & adults

Hamilton Psychological Services
1057 Main St. W.
Suite 201
Hamilton
www.hamiltonpsych.ca
905-527-5991
Includes children & adults

Dalton Associates
1-888-245-5516
www.daltonassociates.ca
Includes children & adults

Odyssey Health Services
Counselling & Psychological Services
1-866-311-0110 x 3235
www.odysseyhealthservices.com

YOUTH SERVICES

ROCK (Reach Out Centre For Kids)

905-634-2347 ext 439

Crisis Line 905-878-9785

Kids Help Phone 1-800-668-6868

WOMEN'S SERVICES

Flamborough Women's Resource Centre

17 Main Street

Suite 101

Waterdown

289-895-8580

Interval House 905-387-9959

Drummond House 905-689-1484

Sexual Assault Centre 905-525-4162

ANGER MANAGEMENT

Canadian Mental Health Association

905-693-4270

John Howard Society

654 Barton Street East

Hamilton

905-522-4446

10 week 2 hour/session – educational

PTSD

Ron Mellish M. A. R.M.F. T. C.T.S.

905-483-4354

SELF ESTEEM

Self Esteem Network of Hamilton

1063 King Street West, Hamilton

905-312-1500

GRIEF COUNSELLING

Kitching, Steepe, Ludwig Funeral Home
905-689-4852

Bereaved Families of Ontario
Hamilton/Burlington
905-318-0070